

# ISO 45001 FOUNDATION CERTIFICATION

As per International Standards



## UNICHROME

# Unichrone Training **Advantages**

- ✓ 1 Day Interactive Instructor –led Online/Classroom or Group Training
- ✓ Course study materials designed by subject matter experts
- ✓ Mock Tests to prepare in a best way
- ✓ Highly qualified, expert & accredited trainers with vast experience
- ✓ Enrich with Industry best practices and case studies and present trends
- ✓ ISO 45001 Foundation course adhered with International Standards
- ✓ End-to-end support via phone, mail, and chat
- ✓ Convenient Weekday/Weekend ISO 45001 Foundation Training Course schedule



# Importance of ISO 45001 Foundation Certification

- ✓ ISO 45001 is an International Standard which helps organizations in instilling an Occupational Health and Safety (OH&S) management system for improving the safety of employees at work. ISO 45001 Foundation Certification demonstrates that professionals have acquired advanced skills in maintaining OH&S. Occupational Health and Safety plays a vital role in the organizational structure. Individuals certified with ISO 45001 Foundation Standard assist such businesses in designing and developing OH&S. Implementing the standard helps businesses to reduce the risks and accidents that may arise within an organization, thereby protecting the health of employees.
- ✓ ISO 45001 Foundation Training session is designed to assist individuals looking forward to pursue a career in occupational health and safety. The sessions outline the need for implementing ISO 45001 standard and its requirements that businesses need to comply with in order to receive the certification. As the ISO 45001 Foundation Certification is globally recognized, individuals owning this certification are globally recognized.

## About Unichrone



We are a professional training institute with an extensive portfolio of professional certification courses. Our training programs are meant for those who want to expand their horizons by acquiring professional certifications across the spectrum. We train small- and medium-sized organizations all around the world, including in USA, Canada, Australia, UK, Ireland and Germany.



Guaranteed Quality



Handpicked Trainers



Global Presence



Online Training Option

**We've trained professionals across  
global companies**

**PHILIPS**

**AXCESS**  
FINANCIAL PRODUCT MANAGEMENT

**CLARIANT**

**AkerSolutions**

**WÜRTH**

**baycoat**

**DUPONT**

**DASHTI**

**GlobalSign**

**Triskele Labs**

مصرف الراجحي  
**Al Rajhi Bank**

**DHL**

**ARASCO**  **أراسكو**

## ELIGIBILITY CRITERIA

- ✓ There are no eligibility criteria for attending ISO 45001 Foundation Training Course.

## WHO SHOULD ATTEND

- ✓ Managers, technical experts, OH&S team members, and any professional who wants to broaden the knowledge of the standard can take up the ISO 45001 Foundation Certification

# ISO 45001 Foundation Certification **Advantages**



CERTIFIES  
YOUR TALENT



HELPS  
BUILDING  
VALUES



GLOBAL  
RECOGNITION



PERFECT  
EXECUTION



BUILDS  
CUSTOMER  
LOYALTY



MORE  
EMPLOYABILITY  
OPTIONS

# Syllabus of 45001 Foundation Certification Training

## Lesson 01 – Introduction to ISO 45001

1.	What is ISO 45001?
2.	Purpose
3.	About ISO
4.	Structure
5.	Who is it for?
6.	OHSAS 18001 and ISO 45001
7.	Principles
8.	10 things to consider in ISO 45001
9.	The terms and definitions of ISO 45001

## Lesson 02 – Basic Introduction to OHSMS

1.	Management systems
2.	What is OHSMS
3.	Purpose and benefits
4.	History of OHS management systems
5.	ILO Guidelines
6.	Features of a successful OHSMS
7.	Policy
8.	Occupational Health and Safety opportunity
9.	Documented information

# Syllabus of 45001 Foundation Certification Training

## Lesson 03 – Plan-Do-Check-Act

1.	The (PDCA) cycle
2.	The PDCA approach
3.	Plan
4.	Do
5.	Check
6.	Act

## Lesson 04 – Annex SL

1.	Annex SL and ISO 45001
2.	Basic introduction to clause 1 to 11

## Format of 45001 Foundation Exam

Examination Format	
Exam Name	ISO 45001 Foundation Exam
Exam Format	Multiple Choice
Total Questions & Duration	30 Questions, 60 Minutes
Passing Score	70%
Exam Cost	Included in training fee

To get you fully prepared with the knowledge and skills for the ISO 45001 Foundation examination, a training session at Unichrone gives immense importance to mock questions at the end of every module and problem-solving exercises within the session. Prepared by certified ISO faculty, the practice tests are a true simulation of the ISO 45001 Foundation exam.

# Contact Us

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